

BIKE-N-4-BOOKS

Join in a Day of Recovery, Unity & Service in Celebration of our
19th Annual Bike-N-4-Books

San Fernando Valley Hospitals and Institutions Committee with
Participation from Foothills H & I and Santa Clarita Valley H & I
along with Al-Anon

Presents

THE 19TH ANNUAL BIKE-N-4-BOOKS

(WITH WALKING OR RUNNING-4-BOOKS – 5 MILES)

A.A. Literature Fundraiser

This event is a fundraiser to help the H & I Literature Committee buy Alcoholics Anonymous Books and Literature to "Carry the Message" to Alcoholics confined in Hospitals & Institutions

www.sfvhi.org ~-or~- www.bikenforbooks@gmail.com

Saturday, June 6, 2009

Woodley Park Picnic Area #2
Japanese Garden Entrance
6350 Woodley Avenue, Van Nuys, CA. 91346

Event Time Schedule:

7:00 am Bike Riders Check-In Begins
8:00 am Bike Riders Take Off - (1 Lap = 5 miles)
8:00 am Walkers & Runners Check-In Begins
8:30 am Walkers & Runners Take Off
Noon Pot Luck Picnic, Family Games & Fun. Bring your Beach Chairs.

Followed by A.A. Meeting & Raffle

Please mail in your registration form to: P.O. Box 468 Canoga Park, CA, 91303.

Ask your fellow alcoholics to sponsor your ride or walk –

Have them fill in the information on the reverse side

For further info, call: Irene F. 818-346-4812

✂️*****

REGISTRATION FORM

NAME: _____ AGE: _____ SEX: _____
ADDRESS: _____ CITY: _____ ZIP: _____
DAY PHONE: _____ EVENING: _____
EMAIL: _____

REGISTRATION IS \$15.00 (INCLUDES T-SHIRT**)**

MAIL REGISTRATION TO: P.O. BOX 468, CANOGA PARK, CA 91303

SPONSOR FORM ON REVERSE. MORE CAN BE MAILED OR EMAILED

T-SHIRT SIZE:: (S)____(M)____(L)____(XL)____(XXL)____

Waiver/Release: With my signature, I hereby waive any claims against the SFV H&I Committee or any of it's organizers, for any injury I may incur and/or damages to my personal equipment, I attest that I am physically fit and prepared for this event.

Signature: _____ Date: _____

(If under 18 years, parent or legal guardian must sign)

