

# BIKE-N-4-BOOKS

Join in a Day of Recovery, Unity & Service in Celebration of our  
20<sup>th</sup> Annual Bike-N-4-Books

San Fernando Valley Hospitals and Institutions Committee with  
Participation from Foothills H & I and Santa Clarita Valley H & I  
along with Al-Anon

Presents

## THE 20<sup>TH</sup> ANNUAL BIKE-N-4-BOOKS

(WITH WALKING OR RUNNING-4-BOOKS – 5 MILES)

### A.A. Literature Fundraiser

This event is a fundraiser to help the H & I Literature Committee buy Alcoholics Anonymous Books and Literature to "Carry the Message" to Alcoholics confined in Hospitals & Institutions

www.sfvhi.org ~-or~- www.bikenforbooks@gmail.com

**Sunday, June 13, 2010**

Woodley Park Picnic Area #2  
Japanese Garden Entrance  
6350 Woodley Avenue, Van Nuys, CA. 91346

#### Event Time Schedule:

7:00 am Bike Riders Check-In Begins  
8:00 am Bike Riders Take Off - (1 Lap = 5 miles)  
8:00 am Walkers & Runners Check-In Begins  
8:30 am Walkers & Runners Take Off  
Noon Pot Luck Picnic, Family Games & Fun. Bring your Beach Chairs.

#### *Followed by A.A. Meeting & Raffle*

Please mail in your registration form to: P.O. Box 468 Canoga Park, CA, 91303.

Ask your fellow alcoholics to sponsor your ride or walk –

Have them fill in the information on the reverse side

For further info, call: Lance R. - 818-419-2244 or Irene F. - 818-346-4812

✂️ \*\*\*\*\*

#### REGISTRATION FORM

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_  
DAY PHONE: \_\_\_\_\_ EVENING: \_\_\_\_\_  
EMAIL: \_\_\_\_\_

**REGISTRATION IS \$15.00 (\*\*INCLUDES T-SHIRT\*\*)**

**MAIL REGISTRATION TO: P.O. BOX 468, CANOGA PARK, CA 91303**

**SPONSOR FORM ON REVERSE. MORE CAN BE MAILED OR EMAILED**

**T-SHIRT SIZE:: (S) \_\_\_\_\_ (M) \_\_\_\_\_ (L) \_\_\_\_\_ (XL) \_\_\_\_\_ (XXL) \_\_\_\_\_**

Waiver/Release: With my signature, I hereby waive any claims against the SFV H&I Committee or any of it's organizers, for any injury I may incur and/or damages to my personal equipment, I attest that I am physically fit and prepared for this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(If under 18 years, parent or legal guardian must sign)

