

San Fernando Valley Hospital & Institutional Committee (SFV H & I)
Speaker Confirmation

You are confirmed as a **SPEAKER** on the following panel meeting:

Facility: _____

Facility Address: _____

Date: _____ Day _____ Time: _____

Please meet _____ at the following location:

Place: _____ Time: _____

Home Phone: _____ Work Phone: _____

If you can't reach the panel leader, call the Facility Chairperson as listed in the SVF H & I calendar.

As a speaker on this panel, you are a representative of AA, of SFV H & I, and a guest of the facility you are visiting. As such, you must abide by the following rules:

- No prolonged drunk-a logs. Be sure to talk about recovery, hope & the joys of sober living with the AA program.
- No derogatory remarks about the facility, rules, or officials.
- Do not talk down to the group; no profanity or vulgarity.
- Do not take anything in or bring anything out with you.
- Do Not exchange phone numbers or addresses with people at the facility. Do not promise to write or meet after discharge.
- Observe clothing codes as requested by the facility: No blue jeans, no short or slit skirts or low tops for women. No tight clothing.
- Six (6) months sobriety is required for a hospital, and at least one (1) year is required to speak at a penal institution or psychiatric hospital, (lock down facility)
- If you are invited to speak at a penal institution, make sure that you have clearance into the facility – Before you get there.
- Do not go on a panel to any institution if you know, or is you correspond with anyone confined there.

Above all, if you make a commitment to speak on a panel or be a facility chairperson or panel leader, keep your commitment!!! H & I work is not just volunteering, it's showing up, it's being reliable and it's the highest form of AA service. And most importantly...Have Fun!!!

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