



**San Fernando Valley
Hospitals & Institutions
Committee**

There are a few simple instructions that all panel speakers and leaders must adhere to:

AS SPEAKERS ON THIS PANEL, you are a representative of the SFVHI committee. Remember that we are there at the invitation of the facility and thereby a GUEST. As such, you must abide by the following rules:

1. **MUST** be an AA member who regularly attends AA meetings. At least Six (6) months sobriety is required to speak on a hospital panel, and at least twelve (12) months sobriety is required to speak at a psychiatric hospital or penal institution (lock down facility).
2. You **MUST** qualify as an alcoholic. Please focus your sharing on recovery from alcoholism. Personal accounts of AA case histories (“what we were like, what happened, and what we are like now”), AA principles or AA general information are to be the main topics of any AA Panel Meeting conducted by the Committee, within all facilities served.
3. **DO NOT** make any derogatory remarks about the facility or its officials.
4. **DO NOT** talk down to the group or use profane or vulgar or sexually graphic language. Do not probe people for information about why they are there.
5. **DO NOT** take anything in or bring anything out with you except literature
6. **DO NOT** exchange phone numbers, addresses or agree to meet people outside the panel.
7. **DO NOT** wear shorts or flip flops; women must not wear miniskirts, low cut tops or tight fitting clothing. No tattered, torn or dirty clothing. Jeans are not permitted at jails or prisons.
8. **DO NOT** go on a panel or institution if you know or correspond with someone there.